



HYBRID FIT FOOD

INTERNET CAFE
SMOOTHIES-SANDWICHES-SOUPS-SALADS



HOT PANINI SANDWICHES

SALADS

COLD CUT SANDWICHES OR WRAPS

WHOLE-WHEAT WRAPS, SPINACH WRAPS, WHEAT BREAD, RYE BREAD, WHOLE GRAIN BREAD

- GRILL CHEESE PANINI**..... \$5.25
Old Fashion Cheddar Grilled cheese on your choice of bread
- FLATBREAD CHICKEN AVOCADO MELT** \$8.50
GRILLED CHICKEN, AVOCADO, LETTUCE, TOMATO, RANCH AND CHEESE
- MOZZARELLA AND TOMATO PANINI**..... \$6.25
Fresh Mozzarella, Tomato, basil leaves
- AUNTIE'S BLACK BEAN PATTY PANINI**... \$7.25
1/4 Black Bean Patty, greens and with a zesty sauce
- WARRIOR CLUB PANINI**..... \$7.25
Smoked turkey breast, bacon, spinach, tomato, provolone and light mayo

All Paninis come with a side of chips or fruit

- COBB SALAD**..... \$6.95
Fresh greens topped with blue cheese chopped bacon, hard boiled eggs diced tomato, avocado, chives
- WARRIOR SALAD**..... \$7.85
Fresh mixed Greens with medley of berries, mandarin orange, dried cranberries and candied pecans
- SALMOND SALAD**..... \$9.45
FRESH GREENS TOPPED WITH SALMON, BLACK BEAN AND CORN RELISH WITH TORTILLA GARNISH.
- TRADITIONAL CEASAR SALAD**..... \$6.25
Chilled Romaine shredded Parmesan, garlic croutons, with Caesar dressing.

- THE VEGGIE**..... \$5.50
Cucumber, avocado, lettuce, tomato, onion
- TURKEY AND CHEESE**..... \$6.50
Choice of Bread, Cheese, lettuce, tomato, light mayo
- AUNTIE'S TUNA FISH**..... \$6.50
Tuna fish Signature blend
- AUNTIE'S CHICKEN APPLE CRAISIN SALAD** \$6.50
Signature fat free yogurt dressing, chicken, sliced apples
- COMBO DAILY SPECIAL**..... \$8.50
1/2 Sandwich & Soup / Soup & 1/2 Salad

ADD CHICKEN TO ANY SALAD \$2.50
ADD SALMON TO ANY SALAD \$3.50

All salads come with a side of fruit or chips



